



# JPL HIKING +

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## TRAIL RUN

Saturday, 28 October 2000

**LEADER:** Caz Scislowicz (626) 395-6727 or email [caz@caltech.edu](mailto:caz@caltech.edu)

**LEVEL:** III

### **DESCRIPTION:**

The run is a 15 miles trail run with an approximate 1500-foot elevation gain. We'll start out at Chantry Flat, take the Upper Winter Creek Trail until we reach Hoegee Campground, and then head for the bottom of the Big Santa Anita Canyon via the Lower Winter Creek Trail. From there we'll follow the Gabrielino trail through the bottom of the canyon until the trail forks. We'll take a left and start ascending along the canyon wall toward Spruce Grove Campground and the Mount Zion Trail junction. We take another left at the Mount Zion junction and proceed to the top (but not summit) of Mount Zion. From this point, it's a quick descent down the chaparral-cloaked mountain and back to the Upper Winter Creek Trail. You'll retrace familiar ground but this time with a negative slope which makes for relaxed and enjoyable running.

### **MEET:**

Meet at the trail head at 7:00 am Saturday, October 28, 2000. Bring comfortable running shoes, water, and post-run refreshments(Gatorade, Coke).

### **DIRECTIONS TO TRAILHEAD:**

From the 210, exit at Santa Anita and proceed north towards the mountains. Follow Santa Anita uphill, past an open gate, onto the black top road up the canyon wall (spectacular sunrise and views of the San Gabriel valley) up to Chantry Flats.

### **RSVP:**

If you are planning to join the trail run, please contact the trip leader in advance so that he can get an approximate head count.